



Jane's Bursary Form

Application for the 12 Week Young People's Support Programme

Thank you for your interest in applying for *Jane's Bursary*. This bursary supports young people who may benefit from attending our 12 week programme focused on healing, wellbeing, confidence, and emotional support following experiences of loss or trauma.

The programme includes one session each week in a safe, supportive environment alongside horses, nature, and experienced staff.

Please complete this form as fully as possible. Information shared will be treated sensitively and respectfully.

About The Programme

The programme is delivered at the The Acorn Centre and is inspired by over 50 years of experience supporting children, young people, and adults through trauma, grief, and emotional difficulties.

Katherine Dillon, founder of the centre, experienced childhood trauma and grief herself and discovered the healing effect horses and nature could have on emotional wellbeing. Her vision was to create a safe place where young people could feel supported, understood, and able to grow in confidence and strength.

The programme aims to:

- Provide emotional support in a calm and safe environment
- Help young people build confidence and self-esteem
- Encourage healthy ways to express feelings and emotions
- Support connection, trust, and resilience
- Create opportunities for healing through nature and equine experiences

No horse experience is needed.

Section 1 – Young Person’s Details

Full Name: _____

Date of Birth: _____

Age: _____

Home Address: _____

Postcode: _____

School/College (if applicable): _____

Section 2 – Parent/Carer Details

Parent/Carer Name: _____

Relationship to Young Person: _____

Phone Number: _____

Email Address: _____

Section 3 – About the Young Person

Please tell us a little about the young person and why you feel this programme would benefit them.

Has the young person experienced bereavement, trauma, or significant life changes?

- Yes
- No
- Prefer not to say

If you would like to provide more information, please do so below:

Section 4 – Emotional Wellbeing and Support

What support do you hope the young person will gain from the programme?

- Increased confidence
- Emotional support
- Reduced anxiety/stress
- Improved wellbeing
- Better relationships
- Safe space to talk
- Time outdoors and with animals
- Other: _____

What are the young person's strengths or interests?

Is there anything important we should know to help support the young person safely and positively?

Section 5 – Attendance and Commitment

The programme runs for 12 weeks with one session per week.

Are you able to support the young person to attend regularly?

- Yes
- Mostly
- Unsure

Why would receiving this bursary make a difference to the young person?

Section 6 – Additional Information

Please share anything else you feel would support this application.

Consent

I confirm that the information provided in this application is accurate to the best of my knowledge.

Parent/Carer Name: _____

Signature: _____

Date: _____

Thank You

Thank you for applying for *Jane's Bursary*. We understand that sharing personal experiences can be difficult and appreciate the time taken to complete this form.

Applications will be reviewed sensitively and fairly, with the wellbeing of young people at the centre of all decisions.

Jane's Bursary Placement Criteria

Who May Benefit From This Programme

This bursary placement may be suitable for a child or young person who:

- Has experienced trauma, loss, grief, or bereavement
- Would benefit from a trauma-informed and relationship-based approach
- Experiences anxiety, emotional overwhelm, or difficulties managing emotions
- Has attachment, trust, or relationship difficulties
- Struggles with confidence, self-esteem, or emotional wellbeing
- Finds mainstream education difficult or overwhelming
- Is at risk of exclusion, persistent absence, or disengagement from education
- Would benefit from calm, outdoor, therapeutic support
- Experiences social, emotional, or mental health (SEMH) needs
- Has experienced family breakdown, instability, or adverse childhood experiences
- May find communication, friendships, or social situations challenging
- Would benefit from opportunities to build resilience, confidence, and emotional awareness
- Has wellbeing needs impacting daily life, relationships, or learning
- May not otherwise be able to access funded therapeutic or alternative provision
- Is unable to privately fund equine facilitated learning sessions
- Is willing and able to safely engage in sessions around horses with appropriate support

Important Information

The programme is designed to provide a safe, supportive, and nurturing environment for young people. Sessions are delivered at a pace appropriate to each individual and no previous horse experience is needed.

Placements are considered on an individual basis, taking into account the needs of the young person and the suitability of the programme for their current circumstances.