

Group Programmes

Making a change for life



Group Programmes

Our **group programmes** can be used as a stand alone six week Foundation Course, where up to six young people will work with two Seeds of Change Coaches over a 6 week period for a half or full day at a time.

Each week will focus on a different learning outcomes and these tend to be around those areas that underpin a range of presenting behaviours. Often Pupil Premium money will be used to fund this kind of intervention.

The Group Programme can also be a progression pathway for those young people who have perhaps been accessing a 1:1 programme and their next challenge is to function as a part of a small group.

Groups are formed throughout the year and so there is no restricted entry point, although minimum and maximum group numbers apply and group courses are only available on certain days.

Groups still focus very much on the therapeutic support to ensure young people are developing transferable skills, but the day generally has some academic or practical element too.

We operate different curriculums, dependant upon the age and requirement of the learner. We offer City and Guilds qualifications in Functional Skills and Employability too. This course runs for the whole academic year, although credits can be achieved for individual units if a course is joined part way through the year.



“ We have seen a massive shift in T’s motivation and concentration in school since attending your provision. She now feels she has a purpose and achievable goals for her future and next steps after year 11.

Your provision has allowed her to really find herself, recognise positive qualities about herself and build upon these.”

Large Northamptonshire Secondary School, 2020



Who is it for?

It is for those young people who require a longer term intervention and cannot function in school for five days per week. Sometimes, it is delivered alongside school attendance and sometimes we may be part of a package which includes other alternative providers.

For years 10 and 11 we can offer City and Guilds qualifications and for those younger learners a more bespoke 'Discovery Programme' is available.

We work with a range of conditions and behaviours. All young people will have a full risk assessment and may have already participated in a 1-1 programme before being accepted onto a group.

In some instances a 1-1 will also run alongside integration into a group to assist the transition.

It is possible for a learner to access us for more than one day a week, if required, although we are not Dept. of Education approved and always operate under the approved number of hours. We only accept learners for more than one day if we feel that their time with us will really support their development or progression to their next destination.

We work with many kinds of conditions and needs. To get an indication of these, please see 'Our Stories' on our website for examples of our work, impact and outcomes.

What are the benefits and outcomes?

- ✿ A chance for a young person to progress, to engage in a small group with other learners, understand about regulation of emotions and prepare for work, college or just to support functioning in school.
- ✿ City and Guilds accreditation can be achieved on the group courses.
- ✿ Longer-term sustainable intervention can provide a higher level of ongoing support for a young person who perhaps needs something more tailored to their needs.
- ✿ Groups can be accessed at any point during an academic year.
- ✿ Greater chance of retaining a learner in education and or school
- ✿ Regular daily updates on learner progress and impact measures to clearly demonstrate progress.
- ✿ Generally, involvement in these programmes improves behaviour and engagement in school.

As we are a learner led organisation, we work with the group during the year to accomplish some of their own goals. We have arranged a residential trip, volunteered in a homeless shelter and raised money in charity projects too. We are always open to new community focused ideas to support individuals to achieve their goals.

What is the impact?

We offer a learner led intervention which, although part of a wider group, does lead to achievement of qualifications and development of inter-personal and employability qualifications to help progress to the next stage.

- ✿ Long term ongoing regular engaging support.
- ✿ Improved relationships at school and at home

Look at 'Our Stories' on our website to learn more!



For more information about session availability please contact:

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